

MB1: Myth Buster Cards



"Vape liquids and flavours are safe because you find them in food products"



"My grandparents smoked and they both lived into their 90's"



"Smoking relieves stress"



"I only smoke socially; I'm not a proper smoker!"



"Drinking alcohol is worse than smoking"



"Rollies aren't as bad for you"



"It's not harming anyone else"



"There's no point in quitting, the damage is already done"



"It's okay, I'll quit when I'm older"



"Smoking cannabis isn't as bad as cigarettes"



"Smoking is bad for you, but vaping is okay"



"Cigarette filters protect me from the harmful stuff"