**Name of child/young person**

**Date**

**Completed by -** *(If not written in the first person, explains how views sought - Who obtained the views of the young person and/or parents/carers? How were they obtained – was it by a face to face meeting with a teacher/TA/LA officer? Telephone? Form? A meeting?)*

**Insert photo (optional and if included must be covered by appropriate consent)**

**What is important to me...**

**What is important to you now?**

*(Think about: What subject or lessons are your favourite at school or for young people, what college course, apprenticeship or qualifications you want? Which people are most important to you? What other things are you interested in? )*

**What is important to you for your future?**

(*Think about: What type of job you want to have? Do you want live in your own place? Do you want to be able to drive? Have your own car? Do you want to be in a relationship? Do you want to have children? )*

**Person centred tools you may find useful:**

* **Relationship circle**
* **Important to / for**

**How to support me....**

**What is working well for you?**

*(Think about: What you are happy with? Who gives you the most help?)*

**What is not working well for you?**

*(Think about: What you find difficult? What you would like to do if you had the right support?)*

**How best to support you**

*(Think about: How you prefer to communicate? (e.g. talking to people or using sign or symbols) What help might you need to make decisions? How you like to learn? (e.g. reading about things or doing more practical things yourself) How you like to get more information? What kind of support works best for you?)*

**Person centred tools you may find useful:**

**• Good day / Bad day**

**• What’s working / not working**

**What people appreciate about me...**

**What do people like about you.**

*(Think about: What nice things people say about you?)*

**What can you do well?**

*(Think about: What do you think you are good at? What do you find easy?)*

**Person centred tools you may find useful:**

**‘Appreciations’ activity -** *(This can be done within a class where everyone has a piece of paper taped to their back and class mates write on everyone’s paper what they like about them)*