Sorting important to/for

The fundamental person-centred thinking skill is to separate what is important to someone from what is important for them, and to find a balance between the two. We then summarise this information on a one-page profile.

Historically, services have just focused on what is important for them, to keep people healthy and safe. Working in a person-centred way requires that we see the person first – what matters to them, not just what the matter is with them. We need to learn both what is important to the person and what is important for them, and find the balance that works for them. This is then recorded on a one-page profile.

**Use it now**

Below are templates for you to use.

The first one is blank and the second one has text boxes inserted.

These resources have been copied from <http://www.helensandersonassociates.co.uk/>

