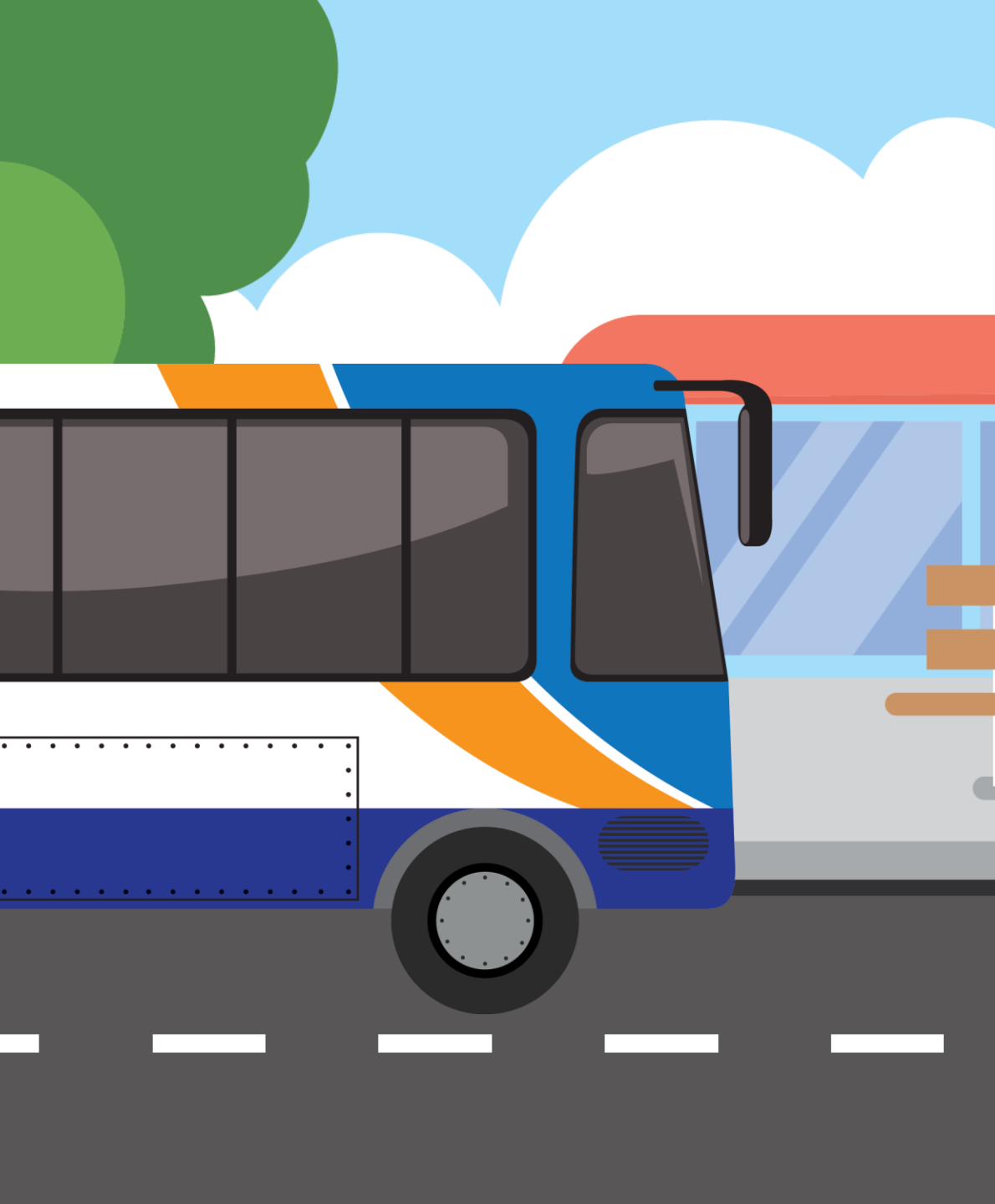


# Independent Travel Training

**Sophie Bryant**  
Independent Travel Trainer

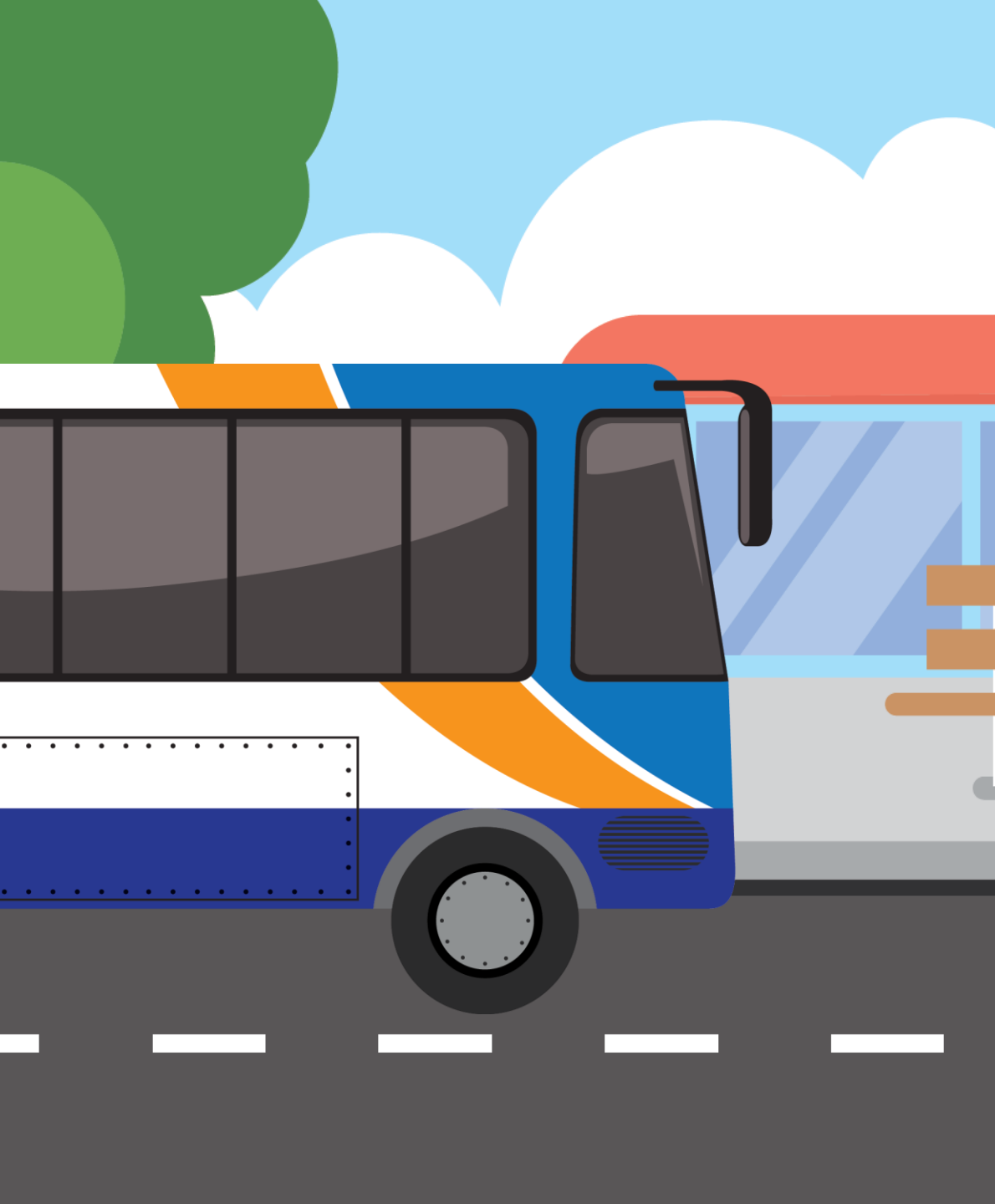
**Grace Beer**  
Service Manager



## What is ITT?

Independent Travel Training is a free scheme which has been set up by Children's Services at Torbay Council. The Independent Travel Training programme offers training and support to young people, for them to learn how to travel independently between home and school or college.





## Who is it for?

Our Independent Travel Training programme provides targeted support for children and young people, aged 11-25, who have special educational needs and/or disabilities (SEND).



## Begin ITT

The start of your journey to safe independent travel. Are you ready? Let's go!

0

## Pupil referral

To identify who needs travel training and why

1

## Initial assessment

Meet with the trainee, parents and school and gather information about the trainee and their current skills

2

## Agreement form

To be signed by the trainee, parent/carer and trainer.

3

## Journey planning

The trainer will decide on the most appropriate route and prepare the plan for the trainee.

4

## Risk assessments

To be completed by the trainer, specific to the trainee and intended journey.

5

## Travelling the route

Trainer and trainee travel the route specified in the journey plan. Skills checklists will also be completed at this point.

6

## Problem solving

Keeping safe and 'what ifs'.

7

## Final report

Final skills checklist and assessment, certificate of completion and final summary presented here

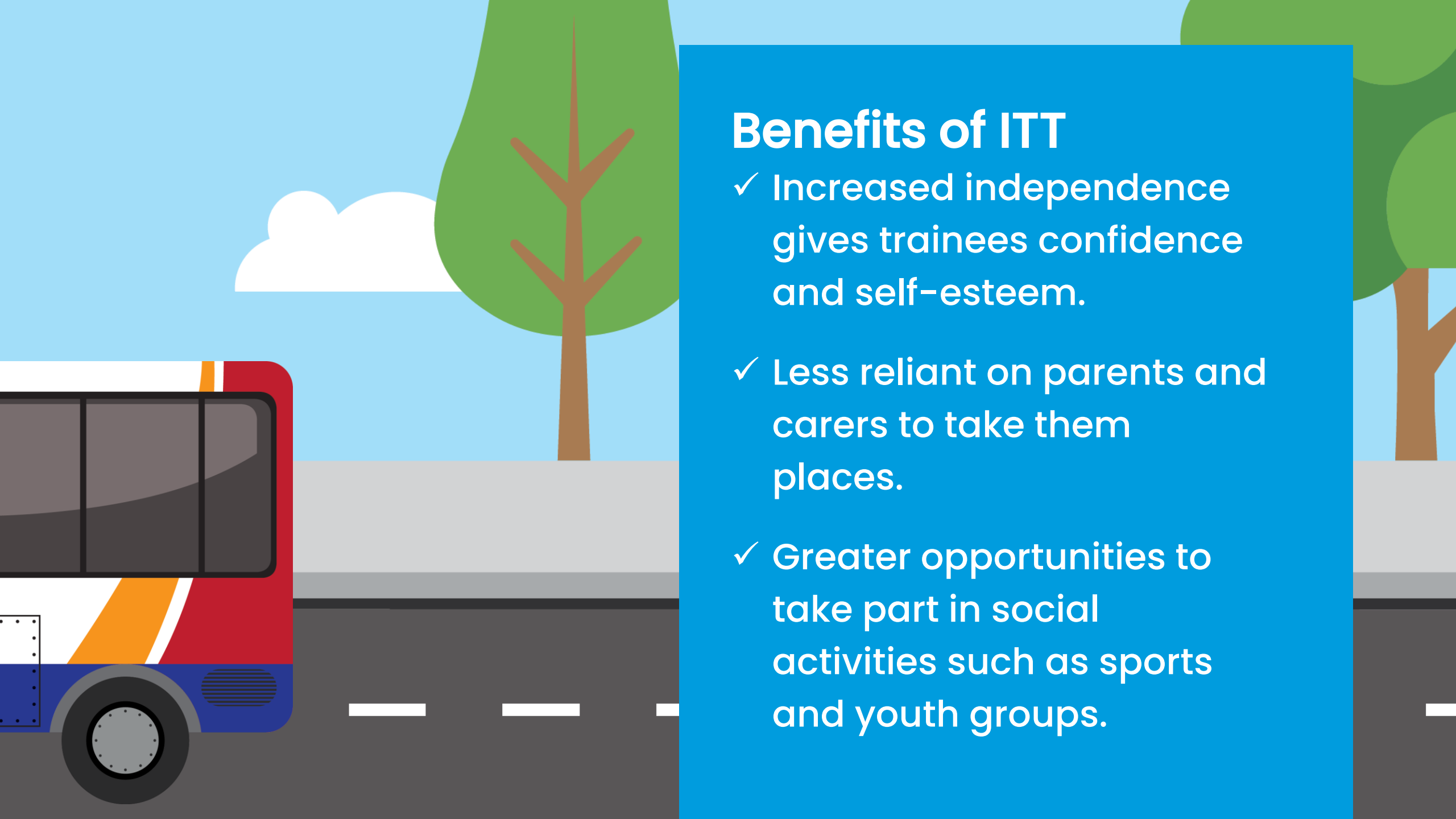
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## Complete ITT

Once all skills are accomplished,  
you have completed your  
independent travel training.

**Congratulations!**





## Benefits of ITT

- ✓ Increased independence gives trainees confidence and self-esteem.
- ✓ Less reliant on parents and carers to take them places.
- ✓ Greater opportunities to take part in social activities such as sports and youth groups.



The background features a stylized illustration of a red, white, and blue bus on the left side of a grey road with white dashed lines. In the background, there are green trees with brown trunks and a white cloud against a light blue sky.

## Benefits of ITT

- ✓ Greater options to find paid work or volunteering opportunities.
- ✓ Increased chance of living independently.
- ✓ Potential increased health benefits.

# How to refer a young person to ITT

Please email  
[ITT@torbay.gov.uk](mailto:ITT@torbay.gov.uk) to talk  
about possible training and  
for a referral form.

[torbay.gov.uk/ITT](http://torbay.gov.uk/ITT)

