

The best start in life



0 to 19
TORBAY
for you

As a parent, you are your child's first educator. Give them the best start in life with these 3 simple steps:

Chat

Play

Read

Chat

- 🕒 Babies love to hear their parents' voices.
- 🕒 Chat to your child whenever you can.
- 🕒 Take turns in talking, give your child time to respond back to you.
- 🕒 Sing nursery rhymes with your child.

Play

- 🕒 Children will learn through playing with you.
- 🕒 Be on the same level as your child.
- 🕒 Let them lead the play.
- 🕒 Use imaginative play (role play).
- 🕒 Take turns in play / games.

Read

- 🕒 Point to pictures on each page for babies.
- 🕒 Name the pictures in the book for babies.
- 🕒 Read every day to your child.
- 🕒 Reading supports listening, and speech and language skills.

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