

Family
hub
TORBAY

0 to 19
TORBAY
for you



HEALTH VISITING



NHS
Torbay and South Devon
NHS Foundation Trust

This leaflet offers an overview of the services that are provided by the health visiting team in Torbay. You can find out more on the [Torbay Family Hub website](#).

Public Health Nursing Team

Health visitors are registered nurses/midwives with additional training in community public health nursing. They work in partnership with community public health staff nurses who are trained nurses and with community nursery nurses. The team provides a professional public health service based on best evidence of what works for individuals, families, groups and communities; enhancing health and reducing inequalities for children 0 to 5 years and beyond.

Watch this health visiting in the community video to find out more. <https://vimeo.com/772475131/7057202720>

When you will see your health visiting team

- Antenatally
- New birth visit at around 10 - 14 days after your baby is born
- New born hearing screening
- 6 - 8 week review
- 12 - 16 week review
- 8 - 12 month developmental review
- 24 - 30 month developmental review

Once your child starts school, your child's care will pass to our School Nursing Team. For more information on school nursing you can [download our leaflet here](#).

Our Health Visiting Team can provide general health and wellbeing advice, support, signposting with the following and provide a health care plan if required.



- Accident Prevention
- Antenatal support and classes
- Bladder and bowel / potty training
- Child development
- Early communication
- Eczema
- Healthy eating
- Infant Feeding, including starting solids
- Maternal mental health
- Minor illnesses
- Parenting support
- Perinatal Infant Mental Health
- Skincare
- Sleep and crying
- Teething and oral health

We also offer specialist advice and support to parents, carers for children with medical needs such as asthma and severe allergies.

You can contact us by email or phone or chat to us via the Torbay Family Hub App, available on Android Play and Apple Stores.

You can also complete our [referral form](#) if you think you would like support from one of the team.



Useful health advice

Access to dentistry



Parents/carers should be advised to take their children to visit the dentist for preventive advice as soon as they are born.



For enquires to register with a NHS dentist please email England.contactus@nhs.net or to find an NHS dentist, [NHS England » How to find an NHS dentist](#)



For dental pain if unregistered Monday-Friday - **phone 01803 217777**



Urgent dental care Out of Hours - **111 - press Option 2 for Dental line**

For more information about teeth, visit



<https://bigbrushclub.co.uk/>

Head lice



Please check your child's hair weekly for head lice. For advice on how to treat [click here for NHS advice](#)

We are not an emergency service.
Please dial 111 in the first instance in
an emergency.

Contact Us

T: 0300 333 5352 (Monday - Friday 9am to 5pm)

E: tsdft.0to19torbay@nhs.net

A: 0 to 19 Torbay, St. Edmunds, Victoria Park Rd, Torquay TQ1 3QH

W: torbayfamilyhub.org.uk