



## Torbay Relationship Distress Traffic Light – Reducing Parental Conflict (RPC) for practitioners.

The difference between Parental conflict and domestic abuse and the services available to support families and children in the Bay.

Level of Conflict	Parental Behaviours	Impact on children	Actions	Services
<b>1. Respectful, Equal, Cooperative, Happy.</b>	Parents can control their emotions when in conflict for the wellbeing of their children.	Children’s needs are being met without the need for support.	No action required re RPC.	Family can access Universal services via Family Hub and Family information service.
<b>2. Mostly respectful, cooperative and equal but experiencing some difficulties.</b>	Lack of open, honest conversation. Difficulties are minimised or not addressed by the parents.	Children beginning to show signs of the impact of inter parental conflict.	Early conversation with parents/ carers initiated by a professional re RPC.	Refer parents to RPC guidance on Family hub website. Explore issues and signpost to Community groups/ parenting App. <b>Home start</b> , Happy Families, Happy Futures programme. You can Refer by contacting <a href="mailto:homestart.shpt@gmail.com">homestart.shpt@gmail.com</a>   <b>Separating better</b> , a mobile app designed to support separating parents to help them create a positive environment for co-parenting. Consider <b>Early Help</b> assessment. <a href="#">Early help - Torbay Safeguarding Children Partnership</a>
<b>RPC support needed</b>	<b>Parental Behaviours</b>	<b>Impact on children</b>	<b>Actions</b>	<b>Services</b>
<b>3. Conflict is often intense, frequent and poorly resolved</b>	One or both parents not consistently emotionally available. Conflict will consist of criticism, contempt, defensiveness, Stonewalling <i>but still hopeful of positive future.</i>	Children are being adversely affected, they may show signs of distress, their behaviour and mental health may be affected.	Professional to have RPC conversation and complete Early Help assessment. RPC tool kit to work with family. Signpost to on-line family hub resources	<b>Early help Assessment</b> Download the <b>RPC toolkit</b> via the Family Hub website.   If not resolved, <b>Refer to EPIC</b> Restore Relationships Programme. Call: 01803 446022  <a href="https://whatsyourproblem.beaconforms.com/form/d3711669?bcn_source=qr">https://whatsyourproblem.beaconforms.com/form/d3711669?bcn_source=qr</a>

4. <b>Day to day intense, frequent and poorly resolved conflict.</b>	Parents are unable to break the cycle of their harmful behaviours without support and <i>they struggle to see the situation improving</i>	Children are being adversely affected, they show signs of distress, their behaviour and mental health is being affected.	Use Torbay Traffic Light tool (Red) to check for indicators of DA. Undertake Early Help assessment. Use RPC toolkit to work with family.	<b>Monitor progress and children's welfare via Early Help/ Standing Tall.</b>
<b>Not suitable for RPC.</b>	<b>Parental behaviours</b>	<b>Impact on children</b>	<b>Actions</b>	<b>Services</b>
5. <b>Controlling/ Abusive behaviours</b>	There may be a clear victim and abuser and the person experiencing the abuse is likely to be fearful and lack agency further risk assessment is required.	Children are being significantly adversely affected: children's mental health and or behaviour is affected.	Make referral to MASH.  Follow Torbay DA Pathway. Supervision.	TDAS (Torbay Domestic Abuse Service). Standing Tall MARAC Referral to Ahimsa
6. <b>Coercive Control and physical harm, fear</b>	Clearer abuser and victim who is at risk of significant harm.	Children at risk of significant harm; children are being traumatised.	Call 999 if there is an immediate risk of harm. Seek supervision. MASH referral	Police TDAS (Torbay Domestic Abuse Service).