

### Carer Support Workers in Doctor's Practices

<p><b>(Barton Surgery) – Branch of Chelston Hall</b> Lymington House, Barton Hill Way, Torquay, TQ2 8JG</p> <p>(01803) 605117 ext 1051</p>	<p><b>Romina Martinez</b> – Tuesday, Wednesday, Thursday</p> <p>Mobile: 07785 515979 Email: <a href="mailto:romina.martinez@nhs.net">romina.martinez@nhs.net</a></p>
<p><b>Brunel Medical Practice</b> St Albans Road, Babbacombe, Torquay, TQ1 3SL</p> <p>(01803) 312233</p> <p>Also, surgeries at Fore Street, St Marychurch, TQ1 4QX and 13 Collaton Road, Shiphay, TQ2 7HH</p>	<p><b>Michele Glanfield</b> – Mon &amp; Thurs 8:30am – 4:30pm based at Babbacombe Surgery</p> <p>Mobile: 07555 354795 Email: <a href="mailto:michele.glanfield@nhs.net">michele.glanfield@nhs.net</a></p>
<p><b>Chelston Hall (Including Barton)</b> Old Mill Road, Chelston Torquay, TQ2 6HW</p> <p>(01803) 605117 ext 1051</p>	<p><b>Romina Martinez</b> – Tuesday, Wednesday, Thursday</p> <p>Mobile: 07785 515979 Email: <a href="mailto:romina.martinez@nhs.net">romina.martinez@nhs.net</a></p>
<p><b>(Cherrybrook Square) – Branch of Mayfield Medical Practice</b> Hookhills Road Paignton, TQ4 7SH</p> <p>(01803) 495400</p>	<p>See Mayfield Surgery (Post advertised)</p>
<p><b>Chilcote Medical Practice</b> Dewerstone Practice, Hampton Ave, Torquay, TQ1 3LA</p> <p>Branch at 104 Chatto Road, TQ1 4HY</p> <p>(01803) 316333</p>	<p><b>Michele Glanfield</b> – Tue &amp; Wed 8:30am – 4:30pm</p> <p>Mobile: 07555 354795 Email: <a href="mailto:michele.glanfield@nhs.net">michele.glanfield@nhs.net</a></p>

<p><b>Compass House Medical Centre</b> King Street, Brixham, TQ5 9TF</p> <p>(01803) 855897</p>	<p><b>Sarah Soper</b> – Tue &amp; Wed 9am – 5pm</p> <p>Mobile: 07919 301355 Email: <a href="mailto:compasshouse@nhs.net">compasshouse@nhs.net</a> Title email 'For attention of CSW'</p>
<p><b>Corner Place Surgery</b> 46a Dartmouth Road, Paignton, TQ4 5AH</p> <p>(01803) 557458</p>	<p><b>Lindsey Redhead</b> – Tues &amp; Wed 9am – 5pm</p> <p>Mobile: 07884 735578 Email: <a href="mailto:lindseyredhead@nhs.net">lindseyredhead@nhs.net</a></p>
<p><b>Croft Hall Medical Practice</b> 19 Croft Road, Torquay, TQ2 5UA</p> <p>(01803) 298441</p>	<p><b>Lynne Healey</b> – Tue 8am – 5pm</p> <p>Mobile: 07900 173052 Email: <a href="mailto:lyn.healey@nhs.net">lyn.healey@nhs.net</a></p>
<p><b>Mayfield Medical Practice (Including St Lukes)</b> 37 Totnes Road, Paignton, TQ4 5LA</p> <p>(01803) 495400</p> <p><b>Mayfield Medical Practice (Cherrybrook Square Branch)</b> Hookhills Road Paignton, TQ4 7SH</p> <p>(01803) 495400</p>	<p><b>Carole Brierley</b> – Tue 9am – 4pm &amp; Wed 9am – 2pm &amp; Thurs 9am – 4pm</p> <p>Mobile: 07385 407683 Email: <a href="mailto:d-icb.mayfieldcarersupport@nhs.net">d-icb.mayfieldcarersupport@nhs.net</a></p> <p><b>Tracey Collinson</b> – Wednesday 8.30am – 4.30pm</p> <p>Mobile: Contact temporarily via Lindsey Jeffrey 07824 519471 Email: <a href="mailto:d-icb.mayfieldcarersupport@nhs.net">d-icb.mayfieldcarersupport@nhs.net</a></p>
<p><b>Old Farm Surgery</b> 67 Foxhole Road, Paignton, TQ3 3TB</p> <p>(01803) 556403</p>	<p><b>Tracey Collinson</b> – Friday 8.30am – 4.30pm</p> <p>Mobile: Contact temporarily via Lindsey Jeffrey 07824 519471 Email: <a href="mailto:d-icb.oldfarmcarersupport@nhs.net">d-icb.oldfarmcarersupport@nhs.net</a></p>
<p><b>Pembroke House Surgery</b> Park Hill Road, Torquay, TQ1 2AR</p> <p>(01803) 212489</p> <p><b>Pembroke House Surgery</b> Pembroke House, 266 – 268 Torquay Road, Paignton, TQ3 2EZ</p> <p>(01803) 553558</p>	<p><b>Claire Horton</b> – Mon, Wed &amp; Thurs 8.30am – 4.30pm Friday 8.30am – 10.30am</p> <p>10.30am – 3.30pm (Floating Friday)</p> <p>Mobile: 07917 894728 Email: <a href="mailto:clairehorton@nhs.net">clairehorton@nhs.net</a></p>

<p><b>Shiphay Manor Surgery (Branch of Chelston Hall)</b> Chelston Hall, Old Mill Road, Torquay, TQ2 6HW</p> <p>(01803) 605117 ext 1051</p>	<p><b>Romina Martinez</b> – Tuesday, Wednesday, Thursday</p> <p>Mobile: 07785 515979 Email: <a href="mailto:romina.martinez@nhs.net">romina.martinez@nhs.net</a></p>
<p><b>Southover Medical Practice</b> Bronshill, Road, Torquay, TQ1 3HD</p> <p>(01803) 327100</p>	<p><b>Lynne Healey</b> – Wed 8am – 5pm</p> <p>Mobile: 07900 173052 Email: <a href="mailto:lyn.healey@nhs.net">lyn.healey@nhs.net</a></p>
<b>Torbay Hospital Carer Support Worker</b>	
<p><b>Torbay Hospital Carer Support Worker</b> The Embankment Building, Torbay Hospital, Lawes Bridge, Torquay, TQ2 7AD</p> <p>(01803) 654747</p>	<p><b>Sally Smith</b> – Mon, Tue, Thurs &amp; Fri 8am – 4pm (Non-working day Wednesday)</p> <p>Mobile: 07887 861256 Email: <a href="mailto:sally.smith5@nhs.net">sally.smith5@nhs.net</a></p>

### Specialist Carer Support Workers

#### Mental Health Team Carer Support Workers

<p><b>Chadwell Centre</b> Torquay Road Paignton, TQ3 2DW</p> <p>(01803) 546470</p>	<p><b>Dave Baker</b> Monday &amp; Tuesday 9am – 5pm</p> <p>Mobile: 07557 253317 Email: <a href="mailto:d.baker13@nhs.net">d.baker13@nhs.net</a></p>
	<p><b>Phil Enness</b> Monday – Friday 9am – 5pm</p> <p>Mobile: 07799 658407 Email: <a href="mailto:philip.enness@nhs.net">philip.enness@nhs.net</a></p>

#### Older Peoples Mental Health Carer Support Worker

<p><b>Chadwell Centre</b> Torquay Road Paignton, TQ3 2DW</p> <p>(01803) 546470 (01803) 546651</p>	<p><b>Laura Walsh</b> Monday – Friday 9am – 5pm</p>
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## Drug and Alcohol Friends + Family Support Worker

**Drug and Alcohol Support Worker**  
Shrublands House,  
8 Morgan Avenue, Torquay, TQ2 5RP  
  
(01803) 291129

**Steve Andrews**  
Mon, Tue, Thurs & Fri 9am – 5pm  
  
Mobile: 07827 354112  
Email: [sandrews1@nhs.net](mailto:sandrews1@nhs.net)

## Learning Disability (Adult) Carer Support Workers

**Torbay Family Carers** – carers age 18+ of an adult with a learning disability in Torbay

C/O St Edmunds, Victoria Park Road,  
Torquay, TQ1 3QH

**Caroline Saunders** – No set days

Mobile: 07939 880092  
Email: [caroline.saunders@mencap.org.uk](mailto:caroline.saunders@mencap.org.uk)

**Emma Young** – Tue, Wed & Thurs

Mobile: 07852 546530  
Email: [emmajane.young@mencap.org.uk](mailto:emmajane.young@mencap.org.uk)

**Helen Burns** – Mon, Tue & Wed

Mobile: 07973 838789  
Email: [helen.burns@mencap.org.uk](mailto:helen.burns@mencap.org.uk)

## Young Adult Carer (16 – 25) Support Workers

**Young Adult Carers aged 16 – 25**  
Room 17, Paignton Carers Centre,  
Paignton Library, Great Western Road,  
Paignton, TQ4 5AG  
  
(01803) 208455

**Cheryl Mackinnon**  
Mon – Thurs 9am – 3pm

Mobile: 07825 027642  
Email: [cherylmackinnon@nhs.net](mailto:cherylmackinnon@nhs.net)

**Dave Baker**  
Wed, Thurs & Fri 9am – 5pm

Mobile: 07825 027664  
Email: [d.baker1@nhs.net](mailto:d.baker1@nhs.net)

**Julie Moseley**  
Tues & Wed 9am – 5pm  
Thurs 9am – 4pm

Mobile: 07767 418495  
Email: [jmoseley1@nhs.net](mailto:jmoseley1@nhs.net)

## Young Carers

### Young Carers Service

Town Hall, Torquay, TQ1 3DR

(01803) 208100

**Teresa Mikalauskas** (Young Carers Manager)

Mobile: 07786 856139

Email: [youngcarers@torbay.gov.uk](mailto:youngcarers@torbay.gov.uk)

## Carers Services Team

### Carers Lead

The Portacabin  
Brixham Hospital  
Penn Meadows  
Brixham  
TQ5 9PT

(01803) 219790

### Katy Heard

Monday, Tuesday & Thursday plus  
another half day, however Katy can be  
contacted 5 days a week via her mobile.

Mobile: 07747 847569

Email: [katy.heard@nhs.net](mailto:katy.heard@nhs.net)

### Carers Service Development Manager

Contact re: communications, contracted services  
(Carers Aid Torbay, Mencap), Carers Register,  
Signposts Information Line, Projects

Paignton Carers Centre,  
Room 17, Drummond Suite  
Paignton Library, Great Western Road,  
Paignton, TQ4 5AG

(01803)208453

### Rohan Davidson

Monday – Friday

Mobile: 07909 873241

Email: [rohan.davidson@nhs.net](mailto:rohan.davidson@nhs.net)

### Carers Services Delivery Manager

Contact re: operational aspects of the Carers  
services eg Carers Assessments, Carers Support  
Workers, Emotional Support Scheme and links with  
Adult Social Care teams

Paignton Carers Centre, as above

(01803) 208454

### Lindsey Jeffrey

Tuesday, Wednesday, Thursday & Friday

Mobile: 07824 519471

Email: [lindsey.jeffrey@nhs.net](mailto:lindsey.jeffrey@nhs.net)

### Carers Services Co-Ordinator

Contact re: Signposts magazine, Carers Week,  
Carers Education

Paignton Carers Centre, as above

(01803) 208456

### Natalie Townsend

Tuesday, Wednesday, Thursday 9am –  
3pm

Mobile: 07884 475386

Email: [ntownsend@nhs.net](mailto:ntownsend@nhs.net)

<p><b>Carers Services Administrative Support</b> The Portacabin, Brixham Hospital, Penn Meadows, Brixham, TQ5 9PT</p> <p>Paignton Carers Centre, Room 17 Drummond Suite Paignton Library, Great Western Road, Paignton, TQ4 5AG</p> <p>(01803) 881418 or (01803) 881317</p>	<p><b>Tineke Ellis</b> Monday – Friday</p> <p>Mobile: 07766 504443 Email: <a href="mailto:tineke.ellis@nhs.net">tineke.ellis@nhs.net</a></p> <p><b>Eleni Garitagoitia</b> Tuesday – Friday</p> <p>Mobile: 07443314079 Email: <a href="mailto:eleni.garitagoitia@nhs.net">eleni.garitagoitia@nhs.net</a></p>
<p><b>Carers Services Administrative Support</b> The Portacabin, Brixham Hospital, Penn Meadows, Brixham, TQ5 9PT</p> <p>(01803) 881317</p>	<p><b>Carole Brierley</b> – Monday 9 - 5</p> <p>Mobile: 07385 407683 Email: <a href="mailto:carole.brierley1@nhs.net">carole.brierley1@nhs.net</a></p>
<p><b>Signposts for Carers – Information Line</b> Paignton Carers Centre, Room 17 Drummond Suite Paignton Library, Great Western Road, Paignton, TQ4 5AG</p> <p>(01803) 666620</p>	<p><b>Colin Slough</b> Monday – Friday</p> <p>Mobile: 07500 031459 Email: <a href="mailto:signposts@nhs.net">signposts@nhs.net</a></p>
<p><b>Carers Phone Line</b> referrals for planned calls to isolated Carers</p>	<p>Contact Signpost for Carers 01803 666620</p> <p>Tuesday: 5pm – 9pm</p> <p>Email: <a href="mailto:signposts@nhs.net">signposts@nhs.net</a></p>

## Carers Centres

<p><b>Brixham Carers Centre (Within The Friends Centre)</b> Brixham Hospital campus, Greenswood Road, Brixham TQ5 9HN</p> <p>(01803) 66 66 20</p>	<p><b>Public Hours</b> Monday, Tuesday, Wednesday, Thursday &amp; Friday 10am – 4pm</p>
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<p><b>Paignton Carers Centre</b>  Room 17 Drummond Suite  Paignton Library, Great Western Road,  Paignton, TQ4 5AG</p> <p>(01803) 208455</p>	<p><b>Opening Hours</b>  Monday – Friday 10am – 4pm:</p>
<b>Other Support to Carers</b>	
<p><b>Project Officer</b> (Replacement Care, Employment for Carers and buddying/peer support)</p> <p><b>Paignton Carers Centre</b>  Room 17 Drummond Suite  Paignton Library, Great Western Road,  Paignton, TQ4 5AG</p> <p>(01803) 208455</p>	<p><b>Debi Porter</b>  Monday – Friday</p> <p>Mobile: 07880 136859  Email: <a href="mailto:debi.porter@nhs.net">debi.porter@nhs.net</a></p>
<p><b>Carers Aid Torbay</b>  (Independent enabling service and a Community Interest Company working independently for Carers in Torbay)</p> <p>Olive Centre, St Edmunds, Victoria Park Road,  Torquay, TQ1 3QH</p> <p>(01803) 323510 Mon – Thurs 9.00am - 4.00pm  Fri 9.00 - 1.00pm</p>	<p><b>Pennie Evans</b>  Monday – Thursday</p> <p>Mobile: 07972 410514  Email: <a href="mailto:pennie@carersaidtorbay.co.uk">pennie@carersaidtorbay.co.uk</a></p> <p><b>Steph Doolan</b></p> <p>Email: <a href="mailto:steph@carersaidtorbay.co.uk">steph@carersaidtorbay.co.uk</a></p> <p><b>Julie Gibbs</b></p> <p>Mobile: 07748 884521  Email: <a href="mailto:Julie@carersaidtorbay.co.uk">Julie@carersaidtorbay.co.uk</a></p> <p><b>Simon Day</b></p> <p>Mobile: 07398 188197  Email: <a href="mailto:simon@carersaidtorbay.co.uk">simon@carersaidtorbay.co.uk</a></p>
<p><b>Bay Benefits</b></p> <p>Olive Centre, St Edmunds, Victoria Park Road,  Torquay, TQ1 3QH</p>	<p><b>Kyla Hayfield</b>  Tuesday &amp; Thursday</p> <p>Mobile: 07530790354</p>

<p><b>Tissues &amp; Issues</b></p> <p>Parent Support Group</p>	<p><b>Jackie King</b></p> <p>Mobile: 07796 470009  Email: <a href="mailto:tissuesandissues@outlook.com">tissuesandissues@outlook.com</a></p>
<p><b>Parent Carer Voice</b></p> <p>Independent Parent Carer Forum</p>	<p>Mobile: 07554 040107  Email: <a href="mailto:admin@familyvoicetorbay.onmicrosoft.com">admin@familyvoicetorbay.onmicrosoft.com</a></p>
<p><b>Your Health Torbay</b>  Healthy Lifestyle Support</p> <p>(01803) 422 422</p>	<p>Monday – Friday</p>
<p><b>Alzheimer's Society Devon and Torbay  Dementia Adviser Service</b></p> <p>0300 123 2029</p>	<p>Email: <a href="mailto:devon@alzheimers.org.uk">devon@alzheimers.org.uk</a></p>
<p>Alzheimer's Society  <b>Dementia Advisor</b>  <b>Brixham and Paignton</b></p>	<p><b>Claire O'Brien</b>  Tuesday, Wednesday, Thursday 9am – 5pm</p> <p>Mobile: 07712 301466  Email: <a href="mailto:claire.obrien@alzheimers.org.uk">claire.obrien@alzheimers.org.uk</a></p>
<p>Alzheimer's Society  <b>Dementia Advisor</b>  <b>Torquay and Paignton</b></p>	<p><b>Kirsty Briggs</b>  Monday – Thursday 9am – 5pm</p> <p>Mobile: 07749 101252</p>
<p><b>Brixham Does Care</b>  Old Town Hall, Bolton Cross,  Brixham, TQ5 8LZ</p> <p>(01803) 857727 / 856132</p>	<p><b>Emma, Jane, Helen</b></p> <p>Mobile: 07873 148332  Email: <a href="mailto:brixhamdoescare@yahoo.co.uk">brixhamdoescare@yahoo.co.uk</a></p>



<p><b>Brixham Memory Café,</b></p> <p>United Reform Church, New Road, Brixham, TQ5 8NE</p> <p>Closed</p>	<p>Wednesday afternoon 1.30pm – 3.30pm</p> <p>Email:</p>
<p><b>Paignton Memory Café,</b></p> <p>Christ Church Hall, Torquay Road TQ3 2AF</p> <p><b>Goodrington Memory Café (GMC)</b></p> <p>St Georges’s Church Hall, The Oyster Cove Holiday Flats 4 Barn Road TQ4 6NG</p>	<p>Thursday afternoon 2.00pm – 4.00pm</p> <p>Anne-Marie Gibbs</p> <p>Mobile: 07974 561721 Email: <a href="mailto:annemariegibbs66@gmail.com">annemariegibbs66@gmail.com</a></p> <p>Monday afternoon 2.00pm – 4.00pm</p> <p>Bill Herlihy</p> <p>Mobile: 07958 558066 Email: <a href="mailto:herlihy9@yahoo.com">herlihy9@yahoo.com</a></p>
<p><b>Torquay Memory Café,</b></p> <p>St Anne’s Hall, Babbacombe Road, Torquay, TQ1 3TJ</p> <p>Closed</p>	<p>Tuesday afternoon 2.00pm – 4.00pm</p> <p>Email:</p>
<p><b>Purple Angel Memory Café,</b></p> <p>Barton Baptist Church, Happaway Road, Torquay, TQ2 8EU</p>	<p>Saturday afternoon 1.30pm – 3.30pm except for the first Saturday in each month.</p> <p>Elaine</p> <p>Tel: 01803 459290 Mobile: 07707 048595</p>