

Play Dough



0 to 19
TORBAY
for you

Did you know that playdough

- Helps to develop fine motor skills.
- Encourages creativity.
- Develops vocabulary,
- literacy and numeracy.
- Provide a satisfying sensory experience.



*The Food Standards Agency guidance recommends that children do not play with or eat raw dough, including dough for crafts, unless it has been heat-treated beforehand.

See our microwave recipe below

Family
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www.torbayfamilyhub.org.uk

Recipe



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This super-easy playdough recipe is the perfect way to spend a rainy afternoon inside. It's quick enough to hold a young child's attention and you only need a few store cupboard ingredients.



All you need is

- 1 cup plain flour
- 1 tbsp. oil
- 1 cup water
- ½ cup salt
- 2 tbsp. cream of tartar
- Food colouring



1. Pour all dry ingredients, flour, salt and cream of tartar together into a **microwave** heat proof container, casserole dish or bowl.
2. Add water and oil to dry ingredients. Add food colouring until desired colour is achieved.
3. Mix together using a whisk to remove lumps and blend the ingredients well.
4. Cover and place in the microwave for 2 minutes on high.
5. Remove from microwave and stir with a wooden spoon.
6. Place in the microwave for 1 min, remove and stir to combine. Cook for a further minute if the play dough is still runny. *Microwave times may vary*
7. Then turn out onto a clean surface and knead into a smooth ball. Be careful the play dough will be very hot! Use a little bit of flour if the play dough is sticky.
8. Allow the play dough to cool before playing with it.
9. Store in a plastic zip lock bag or air-tight container.

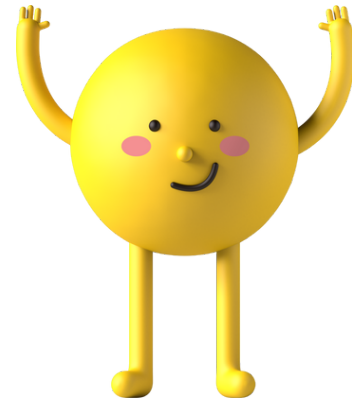
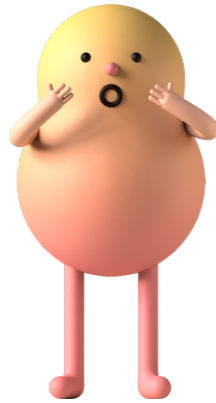
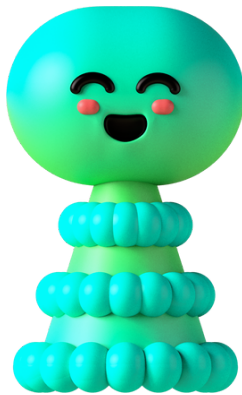
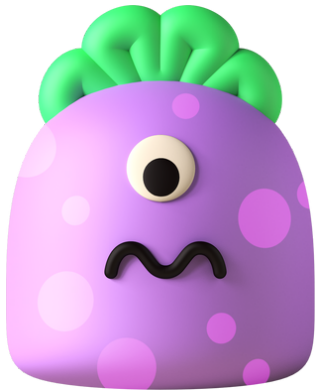


Playdough Monsters



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Recreate these monsters using playdough:



Playdough Numbers



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Recreate these numbers using playdough:

