

All families argue...but what's the impact on your children?

Children who often witness adults arguing, slamming doors or ignoring each other sometimes feel that they are to blame, it can negatively impact on their self-esteem, mental and physical health, behaviour, how



well they do in school, and their relationships with others both now and in their adult life.

If you recognise this is happening in your relationship, please come along to one of the Drop-in Sessions at the Family Hubs for parents/carers.

Supporting Parental Relationships Drop-in Sessions at the Family Hubs for parents/carers. For dates and time please go to the activities and groups section on Torbay Family Hub website.

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