

# Positive play top tips

0 to 19  
TORBAY  
for you



Play promotes positive feelings and experiences for both parent and child.

Encouraging child-led play will help them in their development.



## Things to know

Play supports the development of:

- Speech.
- Language and communication.
- Imagination.
- Problem-solving.
- Interaction.
- Self-esteem.
- Confidence building.

Remember to give your child time to explore and lead the play without taking over.



## Things to try

- Get down to the same level as your child when playing.
- Listen to what your child is saying and doing.
- Follow your child's lead in the play.
- Be a role model and encourage sharing and turn-taking.
- Praise and encourage your child as they play.
- Laugh, have fun and share your feelings of joy with your child.

