

Tips for Communicating with Friends.

1. Be open - tell people if they don't know you have a hearing loss.
2. Ask friends to get your attention before they start to speak.
3. In a group situation, ask your friends to speak one at a time.
4. If you can't hear ask your friends to slow down and repeat what they have said.
5. Keep calm – ask your friends to explain again if you don't hear.
6. Be kind to yourself! No one hears correctly all of the time.



Hearing Support Service – Tel: 208248