



# **national autism standards**

## **Sensory Assessment Checklist**

(based on the sensory profile checklist for Bogdashina, 2003 and included in the IDP autism spectrum)

Name of child:

Date:

DOB:

Where possible, complete this in discussion with the parents or carers. Simply highlight the behaviours that you have observed and personalise it using the column on the right.

<b>Observed behaviours</b>	<b>How ..... behaves</b>
<b>1. Visual</b>	
Dislikes bright/fluorescent lights or flashes of light	
Puts hands over eyes or closes eyes in bright light	
Enjoys/is fascinated by shiny objects and/or bright colours	
Appears not to see certain colours	
Uses peripheral vision when doing a task	
Enjoys certain patterns (e.g. brickwork, stripes)	
<b>2. Auditory/Speech</b>	
Is attracted by sounds and noises	
Covers ears/is very distressed by certain sounds	
Finds it easier to listen when not looking at person	
Can hear sounds which others do not hear	

Observed behaviours	How ..... behaves
Only seems to hear the first words of a sentence	
Repeats exactly what others have said	
Bangs objects and doors	
<b>3. Taste</b>	
Dislikes certain food and drinks	
Eats or mouths inedible items/materials	
Dislikes crunchy or chewy food	
Likes food to be presented in a certain way on the plate	
<b>4. Smell</b>	
Dislikes certain everyday smells	
Smells / licks objects	
Smells, licks, taps people	
<b>5. Physical Touch</b>	
Likes a hug if chosen to do this	
Hugs very tightly	
Does not like shaking hands or being hugged	
Seeks pressure by crawling under heavy objects	
Touches the walls of rooms	
Dislikes the feel of certain fabrics and substances	

Observed behaviours	How ..... behaves
Enjoys feeling certain materials	
Only wears specific clothes	
<b>6. Memory</b>	
Can memorise large amounts of information on certain topics	
Remembers routes and places extremely well	
Gets lost easily	
Very good auditory memory for songs and rhymes	
<b>7. Social situations</b>	
Finds crowded areas very difficult	
Prefers to sit at the back of a group or front of a group	
Is startled when approached by others	
<b>8. Proprioceptive and vestibular sense (body awareness, force, pressure &amp; balance)</b>	
Quite clumsy and bumps into objects and people	
Does not seem to know where body is in space	
Has difficulty running and climbing	
Has poor balance	
Has a fear of heights, lifts, escalators, etc.	
Has extremely good balance	

Observed behaviours	How ..... behaves
Finds it hard to ride a bike	
Has difficulty catching balls	
Afraid of everyday movement activities such as swings, slides, trampolines, etc.	
Needs to swing and spin	
Likes to push and pull and taking part in rough and tumble games	
Finds fine motor movements hard	
<b>9. Interoception (how are body is feeling on the inside)</b>	
Seems unaware of pain	
Seems unaware of when hungry, thirsty	
Seems unaware of being too hot or too cold	
Needs the day paced to rest and relax, as seems unaware of being tired.	
<b>10. Routine</b>	
Resists changes to familiar routine	
Inflexible in approaches to play or activities	
Needs warning of a surprise or change	