

The Children's Society



CheckPoint Drug and Alcohol Service

childrenssociety.org.uk



How can we help you?

- Would you like help reducing the harm caused by drugs and alcohol?
- Do you want to learn more about drugs and alcohol?
- Do you need information and advice?
- Do you want to cut down or stop?
- Would you like specialist support? eg one to one work
- Are drugs and alcohol affecting your life?
- Are you worried about somebody else's use of drugs or alcohol?

CheckPoint Torbay offers information, advice and support for young people who use drugs or alcohol (including new psychoactive substances, also known as legal highs).

We know that people use drugs or alcohol for many different reasons. Our service aims to help you make the changes you want to, and we offer a free, confidential and friendly service.

The information you give will be treated confidentially. The worker will discuss this in detail when you meet.

What will happen if I contact someone?

You will be treated with respect and not judged in any way. You can come alone or with someone else.

After an initial chat, you can discuss whether you would like more regular appointments. You will usually see the person that you contact, but if you would like to change your worker just ask, and we will try and arrange something. We won't be offended.

If you are worried about any of this, just give us a ring and talk to us.

Parents and carers

If you have concerns about a child or young person please get in touch for support, information or advice.

Professionals

Please contact us for information, support, advice or a consultation. We can also help you access training about substance misuse and young people.

Contact us at:

CheckPoint Torbay 7 Victoria Road, Ellacombe Torquay TQ1 1HU

t: 01803 200 100



The Children's Society is a national charity that works with children and young people who are at risk of abuse and neglect and dealing with challenges such as problems with drugs and alcohol, running away from home or care, mental health and exploitation. We run local services to provide help, advice and support.

We work hand in hand with children and young people to make sure their voices are heard, campaigning for changes to laws and policies to make their lives better.

Find out more at childrenssociety.org.uk



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