



# SCHOOL NURSING

0 to 19  
TORBAY  
*for you*



**NHS**  
Torbay and South Devon  
NHS Foundation Trust

The  
Children's  
Society

**TORBAY**  
COUNCIL

0 to 19 Torbay supports the health, development and wellbeing of children, young people and families in Torbay

# Our Team

Our school nursing service is part of 0 to 19 Torbay and works in partnership with parents, school staff, GPs, health visitors, safeguarding services and other agencies to support your child's health and well-being.

If at any time you or your child's teacher have concerns, additional health assessments can be arranged with your agreement. We also support children and young people where families have decided to home educate.

# Our Services

Starting school is an exciting time for children and their parents. It can be a daunting time too. With a little preparation and encouragement, most children will settle in easily at school; ready to learn and have fun in this new chapter of their lives.

Our School Nurse Team can provide general health and wellbeing advice, support, signposting with the following and provide a health care plan if required.

- Asthma
- Allergies
- Behaviour
- Constipation
- Diet / nutrition
- Eczema
- Emotional- health and wellbeing
- Hearing
- Sleep
- Toileting, day or night-time wetting, constipation
- Long term or complex medical needs
- Regular medication

We also offer specialist advice and support to parents, carers and school staff for children with medical needs such as asthma and severe allergies.

# National Childhood Measurement Programme

The NHS needs to have a good understanding of how children are growing across the country, so that the best possible health services can be provided for them. As a result, a National Child Measurement Programme has been set up to weigh and measure children in England in Reception and Year 6. You will be sent a letter and information about the programme when your child's class is due to take part. You are given the option of opting out of this programme if you wish.



All parents/carers will be informed of the results of their child's measurements within two weeks of the measurement date.

## If you have any general health concerns that might impact your child starting school, please contact us.

You can contact us by email or phone or chat to us via the Torbay Family Hub App, available on Android Play and Apple Stores.

You can also complete our [referral form](#) if you think you would like support from one of the team.



# Useful health advice

## Access to dentistry



Parents/carers should be advised to take their children to visit the dentist for preventive advice as soon as they are born.



For enquires to register with a NHS dentist please email [England.contactus@nhs.net](mailto:England.contactus@nhs.net) or to find an NHS dentist, [NHS England » How to find an NHS dentist](#)



For dental pain if unregistered Monday-Friday - **phone 01803 217777**



Urgent dental care Out of Hours - **111 - press Option 2 for Dental line**

## For more information about teeth, visit

<https://bigbrushclub.co.uk/>

## Head lice

Please check your child's hair weekly for head lice. For advice on how to treat [click here for NHS advice](#)

We are not an emergency service.  
Please dial 111 in the first instance in an emergency.

# Contact Us

T: 0300 333 5352 (Monday - Friday 9am to 5pm)

E: [publichealthnursing.torbay@nhs.net](mailto:publichealthnursing.torbay@nhs.net)

A: 0 to 19 Torbay, St. Edmunds, Victoria Park Rd, Torquay TQ1 3QH

W: [torbayfamilyhub.org.uk](http://torbayfamilyhub.org.uk)