

What is Let's Talk and Play?

It is a play based 1:1 session for children aged 12 months to 3 years that will provide you with practical ideas to support your child's speech and language within the home and out and about.

These sessions are a great way for parents and carers to learn new strategies to support their child's development in a fun and engaging way. If you have any questions or need further details, feel free to contact us.



Paignton Family Hub:

The Beehive
Bishops Place
Paignton
TQ3 3DZ



Brixham Family Hub:

The Barn
Unit 1 Brixham
Enterprise Estate
Rea Barn Road
TQ5 9DF



Torquay Family Hub:

St Edmunds
Victoria Park
Road
Plainmoor
TQ1 3QH



Contact Us:

01803 210200

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www.torbayfamilyhub.org.uk

Social Media

0to19torbay



0 to 19
TORBAY
for you

Let's Talk and
Play
1:1 Support



NHS
Torbay and South Devon
NHS Foundation Trust

The Children's
Society

TORBAY
COUNCIL

0 to 19 Torbay supports the health, development and wellbeing of children, young people and families in Torbay

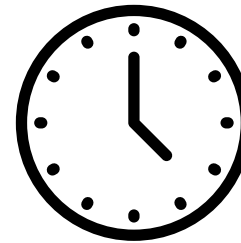
What to expect at your appointment:

You will receive support from one of our Early Years Practitioners. During the session, your child will have access to a variety of play activities to discover. The Support Worker will provide you with tips, activities, and activity cards to engage with your child both at home and while you're out.



Make every day special with your little one: play, talk, and read together to build a loving and connected bond.

Your initial appointment will last approximately 45 minutes to 1 hour. If needed, this will be followed by two additional sessions, or we can direct you to another one of our services or sessions.



Observations and speech and language monitoring tools will be completed at each of your appointments.

Here's what other parents say about Talk and Play

"Really useful to learn different ways to help my child."

"It gave me more confidence to help my child."

"Everything was helpful and Karen gave me lots of support."

Remember these skills when chatting with little ones.

- Talk
- Pause
- Listen
- Respond

Remember to have fun when reading with little ones.

- Share books.
- Share words.
- Share everywhere



Remember this when playing with your little one.

- Bring the play into everyday

We look forward to seeing you and your child!