

Infant feeding support

Infant feeding clinics:

Specialist 1:1

Support with lactation consultant trained health visitors.

To book, call 0300 333 5352 (Mon-Fri 9-5pm)

Wednesday

9.30-11.30 The Beehive, Paignton TQ3 3DZ

1.30 - 15.30 The Barn, Brixham, TQ5 9DF

Thursday

9.30 - 14.30, St.Edmunds, Torquay, TQ1 3QH

Feed and Nurture Group (drop in):

Monday

12.30-14.00hrs: St Edmunds, Torquay, TQ1 3QH

Wednesday

10.30-12.00 The Beehive, Paignton TQ3 3DZ

National Breastfeeding helpline


Helpline: **0300 100 021**

nationalbreastfeedinghelpline.org.uk

Contact us:

 Infant Feeding Helpline: **07500 952216**

 NHS Infant Feeding Torbay:
[#nhsinfantfeedingtorbay](https://www.facebook.com/nhsinfantfeedingtorbay)

 NHS Infant Feeding Torbay:
[#nhsinfantfeedingtorbay](https://www.instagram.com/nhsinfantfeedingtorbay)

 www.torbayfamilyhub.org.uk

Find breastfeeding friendly locations, scan the QR code

Familyhub
TORBAY

LET'S NURTURE TOGETHER

ONE FEED
AT A TIME



We're here to support you, because you need nurturing too.

 torbayfamilyhub.org.uk/topic/one-feed-at-a-time-campaign