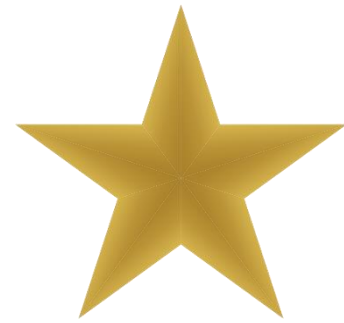


Using a STAR Chart for Behaviour



- **Settings** – Where did it happen? Who was there? What else was going on?
- **Triggers** – What happened immediately before? What may have set the behaviour off?
- **Action** – What did the child do?
- **Responses** – What was the response to this?

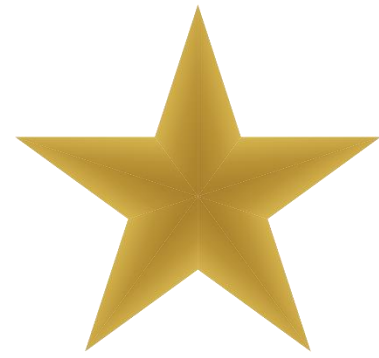
STAR Chart

Settings	Triggers	Actions	Responses
What was going on at the time? Where did it happen? Who was there?	What happened immediately before? What may have set the behaviour off?	What did the child do? Describe using clear language	What was the response to this? What did people do? What else happened afterwards?

Example STAR Chart

Settings	Triggers	Actions	Responses
Before lunch, small group in outside play area, with key person.	Bill was playing by himself at the water tray. Sarah, Bill's key person, brought a new child, Meera, over to the water tray and left her with Bill. Meera reached for toys near Bill.	After Sarah moved away, Bill screamed and grabbed all the toys in the water tray. He pushed Meera away from the tray.	Bill continued to scream for 10 minutes and had to be removed from the area as he kept trying to push Meera away from the water. Meera cried when Bill approached her.

Changing Settings and Triggers



- Changing the environment
- Avoiding the situation or distracting
- Offering choices
- Providing clear rules – and modelling
- Catching the “good” and rewarding it
- Teaching a new skill
- Developing communication skills

Changing Responses

- The way the adults respond to the child
- What the adult expects from the child

