

MDMA

0 to 19
TORBAY
for you



MDMA is a recreational drug taken as ecstasy pills or in a powder form.

It's a stimulant substance. Sometimes referred to as 'uppers', MDMA can result in increased activity in the body, speeding up mental and physical processes and increasing levels of dopamine in the brain.



Effects

MDMA can have varied effects:

- Anxiety.
- Panic attacks.
- Paranoia.
- Raised body temperature.
- Tightening of jaw muscles (gurning).
- Nausea.
- Memory problems.
- Enhanced sensory perception.
- Feeling energetic / alert / 'loved up'.

If you are concerned about MDMA use, you can make an appointment to speak with a CheckPoint worker:

Call **01803 290330** 9am-5pm
Monday to Friday



Risks

Medium and long-term risks:

Physical	Psychological	Social
Memory loss	Feeling of wellbeing	Increased sociability
Insomnia	Paranoia	Empathy
Loss of appetite	Depression	Unhealthy relationships
Liver, kidney or heart problems	Anxiety	