

Cannabis



0 to 19
TORBAY
for you

The main psycho-active compound in cannabis is called THC (delta-9-tetrahydrocannabinol).

Users are affected within a matter of seconds (if smoked).

There are three primary types: indica, sativa and hybrid.

Cannabis indica is known for its sedating effects, whereas cannabis sativa is more energising. Cannabis hybrid is a combination of the two.

Street cannabis can be hash (hashish or resin), herbal cannabis (weed, grass or marijuana) and high-potency cannabis or skunk.



Effects

Cannabis can have varied effects, including some that are hallucinogenic:

- Red eye.
- Lowered blood pressure or 'Whitey'.
- Short-term memory loss.
- Appetite suppression / stimulation.
- Paranoia.
- Anxiety.
- Can make users talkative or very relaxed.

If you are concerned about cannabis use, you can make an appointment to speak with a CheckPoint worker:

Call **01803 290330** 9am-5pm
Monday to Friday



Risks

Medium and long-term risks:

Physical (if smoked)	Psychological	Social
Respiratory risks <i>(associated with smoking)</i>	Activation of underlying mental health problems	Legal issues
Heart disease <i>(associated with smoking)</i>	Psychological addiction	Decreased social functioning <i>(mañana)</i>
Cancer risks <i>(associated with smoking)</i>	Inability to memorise and recall	Procrastination
Risk of accidents	Less concentration and focus	Limited social circles
	Lack of motivation	